

Lighthouse
Center for Counseling
& Play Therapy, LLC

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Practice Description

Welcome to my Psychotherapy practice! The therapeutic relationship is a partnership that needs to be tended carefully. It is important to me that we maintain clarity and keep the container that is created in the therapeutic relationship a safe and sacred one. Therefore, I will be as clear as I can with you, and I invite you to do the same with me. I look forward to our journey together.

Please read through the explanation of my policies listed below. If anything does not feel clear or right with you, please let me know so that we can discuss your concerns. *Your signature at the end of this document signifies that you have read, understand, and agree with all the policies described herein.*

CONFIDENTIALITY

If I work with your teenager, we will discuss confidentiality issues. Generally, I will NOT tell you what your teenager is saying to me UNLESS they are in imminent and serious risk of hurting themselves or someone else. It will be up to them to share with you if they want to.

FREQUENCY AND DURATION OF THERAPY

This varies from person to person. The full spectrum is possible, from brief therapy with specific, limited goals to life coaching and long-term work. Initially, it is important to meet at least once a week in order to establish the therapeutic relationship and to get things “cooking.” Eventually, however, some find it best to taper it down to once every two weeks or once a month. I generally support and trust a client’s ability to know when he/she has realized maximum benefits from therapy and when it is time to leave, taper down, or take a break. If, however, I feel that a client’s decision is inadvisable and/or part of a pattern of acting out, I will express this

in our discussion. I invite discussion about termination, and, in the case of differing opinions, I will always honor a client's wish to conclude.

THERAPEUTIC USE OF TOUCH

Occasionally there are times when the use of touch is beneficial in the therapeutic process. Though sometimes helpful, touch is never essential and should not be used if the client is at all uncomfortable. I will always ask permission to touch. Please share any concerns with me. Sexual conduct between a therapist and client is never appropriate, may be unlawful, and should be reported to the State Grievance Board.

PHONE CONSULTATIONS

Generally I ask that clients reserve discussing problems or issues that arise until our scheduled appointment times. However, if you feel the need to contact me outside of our normal session time, you can call me at 303-995-6132. I will try to return your calls as promptly as possible - certainly within 24 hours - but I do not wear a pager. **You will be billed for telephone consultations at my standard rate**, payment of which will be due at the beginning of your next session.

EMERGENCIES

If I am not available immediately and you are in crisis, call the Crisis Hot Line at 303-447-1665 or dial 911 and go to your nearest emergency room. If I am out of town I will indicate that on my answering machine.

PLEASE NOTE:

I have found it to be most efficient for clients to pay in advance for the coming month. That way our time together is used most effectively and to maximum benefit. In the event that therapy is discontinued, you will be refunded for sessions not used.

I, the undersigned, have read the preceding information and understand my rights as a client.

Client signature

Date

Parent/Guardian signature

Date

Printed name

Printed name

Daniel J. Baur, M.A., L.P.C.

Date